



Presents:
1st Annual Fall Fast 5k Saturday October 2nd 2010

Entry Fee: \$25.00 through September 25th (Mailed entries must be POSTMARKED by Sept. 25th)

\$30.00 on September 26th through Race Day
* **EARLY BIRD SPECIAL** of \$20 through July 10th!

Location: Hilliard Municipal Park (Hilliard Municipal Park, Hilliard, Ohio 43026)

Time: Race day registration begins at 7:30 a.m. 5K Run/Walk begins promptly at 9 a.m.

Awards will be presented to: Top 3 overall Male and Female finishers, top individual male and female masters as well as top 3 male and female finishers in each of the respect age groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.

***Additionally there will be a special award given in the chute to the first 25% of finishers!**

The course will be accurate, fast and there will be plenty of post race music and fall themed food! We realize that often times road races fail to meet our expectations as runners and being runners ourselves we at Second Sole Racing pride ourselves on creating excellent signature events designed around our participants. That being said, in order to create the ultimate experience we would like you to please email any suggestions to tim@secondsoleohio.com and expect to see many of them out on the course October 2nd.

Name _____ Run _____ Walk _____
Address _____ City _____ State _____ Zip _____
Email _____
Age _____ Gender: Male Female **Shirt Size**(adult sizes): S M L XL XXL

WAIVER:

In consideration of being permitted to participate in any way in the activity ("Activity") I, for myself for personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND THAT: THESE ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inaction's, the actions or inaction's of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE SECOND SOLE RACING LLC AND ANY OTHER EVENT SPONSORS; (c) there may be OTHER RISK AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

Signature: _____ Date: _____
_____(Parent/Guardian if participant is under 18 years of age)

Mail Completed Form and Entry Fee to: Second Sole Racing, ATTN: Fall Fest 5k, 315 Stoneridge Lane, Gahanna, OH 43230 OR Register online at: www.SecondSoleRacing.com.

